

## Osteopathy & Children

Osteopathy is very gentle, safe and effective in the treatment of babies and children that have suffered trauma either from birth or during the rough and tumble of early years.

The Osteopath will gently apply specific pressures allowing the child's body to let go of the stress and strains that have occurred from these traumas.

The baby or child's response is sometimes immediate and others will require a series of treatments to correct the problem. In all cases there should be noticeable improvement in the child's demeanour and this usually shows as a much more relaxed child.

Every child is different and every child needs to be individually assessed so a treatment programme can be worked out so the child gets maximum benefit.

Your Osteopath should advise you on their findings and they should describe to you how they propose to correct these problems and the results that should be obtained after each treatment.

## Babies can display a variety of problems.

- Crying, irritability
- Feeding difficulties
- Sickness, colic and wind
- Sleep disturbances

## Other common problems that come with growth

- Infections
- Ear infection - recurrent ear infections
- Sinus and dental problems
- Behavioural problems and learning difficulties
- Headaches, aches and pains
- Asthma

