



Taking painkillers might give some relief from your headaches, but they do not always address the cause of the problem.



OSTEOPATHIC SOCIETY OF NEW ZEALAND

Find your closest osteopath at www.osnz.org

Osteopathy in NZ

- Osteopaths are Registered Health Practitioners
- In NZ Osteopaths are regulated by the Osteopathic Council of NZ (OCNZ) created by the Ministry of Health to enforce the Health Practitioners Competency Assurance (HPCA) Act
- It is illegal to use the term "Osteopath" in NZ without holding a current annual practising certificate and being registered with the OCNZ
- Registration is only granted to osteopathic practitioners who obtain proper tertiary qualifications and meet the stringent continuing education requirements of the OCNZ
- All registered Osteopaths are ACC accredited, and private health care insurers cover some treatment costs.
- The Osteopath can assist you in filing your ACC claim for you when you visit them; a visit to your GP is not needed.

The Osteopathic Society of New Zealand (OSNZ)

- The OSNZ is the largest professional association for Osteopaths, in New Zealand
- The OSNZ supports its members and the development of Osteopathy within New Zealand



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HEADACHES

